
DISCIPLESHIP 101

NORTH FORK MINISTRIES



DISCIPLESHIP 101

NORTH FORK MINISTRIES

NORTH FORK MINISTRIES
WWW.NORTHFORKMINISTRIES.COM

THIS BOOKLET WAS CREATED BY NORTH FORK MINISTRIES WITH THE INTENTION OF DISCIPLING OTHERS. THIS BOOKLET IS NOT TO BE SOLD OR RECREATED AND IS A FREE RESOURCE.

Please note that the BIBLE should always be your primary resource and all teachings should be held to the standard of the Holy Bible and not of man.

REFERENCES

Some of the information for this workbook was gathered from external resources cited here;

- Access your bible from anywhere. BibleGateway.com: A searchable online Bible in over 150 versions and 50 languages. (1995).
<https://www.biblegateway.com/>
- Gotquestions.org. GotQuestions.org. (2002, April 1).
<https://www.gotquestions.org>
- Davidson, K. (2023). The Daily Grace Co (A. McDougal, J. Heideman, & H. Hummel, Eds.). The Daily Grace Co.
- Artwork from Canva by @Sweetgrace, @ASolomon-Creates, @HRYHORII SHEPITA, @Jeremy Gan, @_Zdenek Sasek, @pixabay, @vitaliikrasnoselskyi, @Linear Design Images, @
- Books of the Bible clipart made by Ministry Ark.com.

TABLE OF CONTENTS

Page 3 Definitions

Page 4 Introduction

Page 7 The Holy Bible

Page 10 The Trinity

Page 12 Sin and Separation

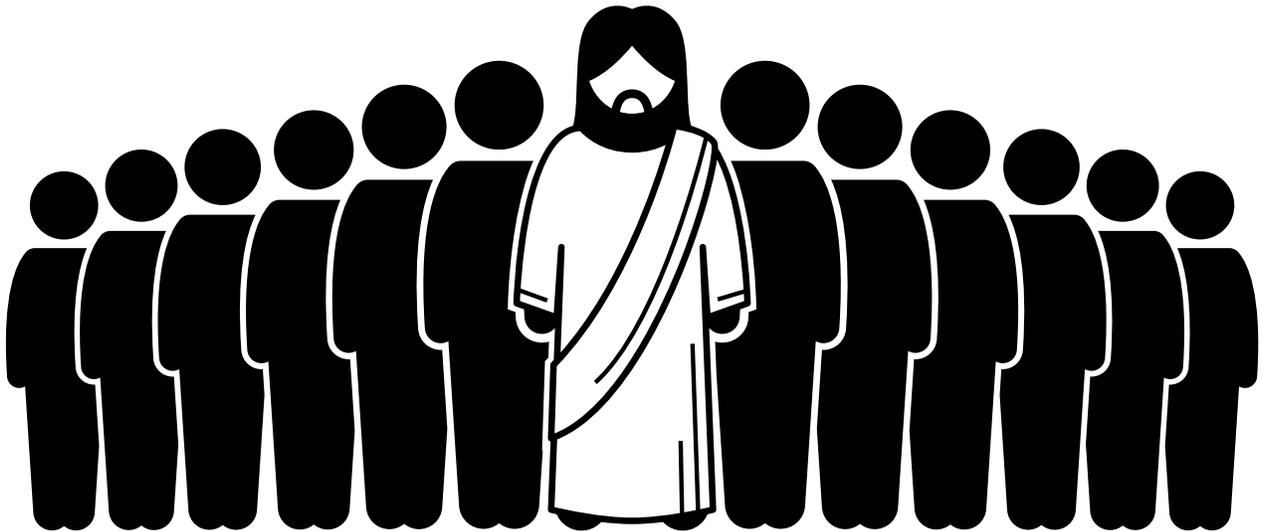
Page 14 The Good News

Page 16 Justification

Page 18 Refining and Perfecting

Page 20 The Great Commission

Page 22 Secondary Theology





DISCIPLESHIP 101

DEFINITIONS



Adoption: Bringing the sinner into the family of God so that now God is his or her heavenly Father.

Atonement/Propitiation: Christ accomplished salvation for God's people through His sinless life and obedient death on the cross.

Faith: Trusting in Jesus and believing in His promises today.

Glorification: The end goal of every believer. Believers will be free from sin and will be transformed to have glorious bodies like Christ.

Gospel: The good news is that salvation comes by grace alone through faith in Jesus Christ alone.

Grace: The undeserved kindness of God toward the sinner.

Holy: Moral wholeness and perfection; the absence of evil.

Hope: To trust with confident expectation of good.

Justification: God declaring sinners not guilty.

Mercy: compassion or forgiveness shown toward someone whom it is within one's power to punish or harm.

Reconciliation: To resolve a broken relationship.

Redemption: The sinner being freed from sin.

Regeneration: The act of God in which He gives new spiritual life to His people.

Repentance: Intentionally turning away from sin and turning toward God in obedience to His Word.

Salvation: Liberation or release from sin or guilt.

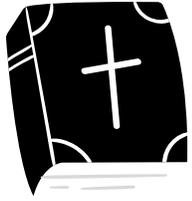
Sanctification: Growing more and more like Jesus through the powerful work of the Holy Spirit.

Sin: An immoral act that is a transgression against God. Rebellion against God.

The Fall: Refers to Adam and Eve's disobedience in the garden of Eden through which sin entered the world.

Theology: The study of God, His Word, and His Works.

The Trinity: The one true God in three persons, God the Father, God the Son, and God the Holy Spirit. All three persons are equal and eternal but have unique roles.



DISCIPLESHIP 101

INTRODUCTION

1

INTRODUCTION

Welcome to Discipleship 101. Over the next few weeks, we will get a bigger idea of what the Bible is, who God is, and what it means to be a follower of Christ. You are encouraged to read this page now but do not worry if some of it does not make sense now because it should by the end of this study. Our prayer for you is that you will embrace this time as a disciple so that you can one day become a disciple-maker in the name of Jesus.

WHY DISCIPLESHIP IS IMPORTANT

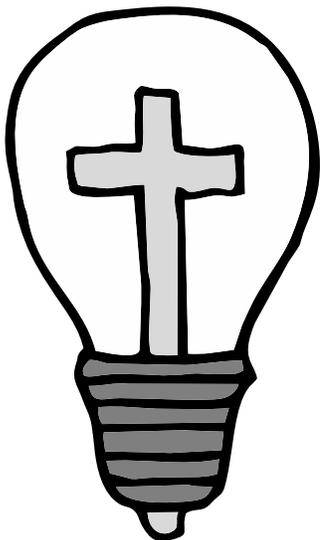
A Christian Disciple is one who puts Jesus first, obeys the Lord, produces good fruit, loves others, and makes more disciples. Such a one is sure to make an impact in this fallen world for the glory of God. We must learn to be able to teach. But the Word of God is active and alive. It becomes active through those who engage in it. God allows us to be a part of His incredible plan of redemption. Discipleship is important because;

- It's a commandment -- Jesus commanded his followers to make disciples of all nations and teach them to obey his commands.
- It equips believers -- Discipleship helps new Christians learn how to follow Jesus and become more like him.
- It builds community - Discipleship involves sharing experiences, learning from each other, and growing stronger in faith together. It can also provide a safe place for believers to be vulnerable and receive accountability.
- It helps believers become like Jesus - The goal of discipleship is for believers to become more like Jesus.
- It's a way to spread the Good News - Jesus spent more than three years making disciples during his public ministry, and his 12 closest followers became major leaders in the spread of Christianity.

WHAT IS DISCIPLESHIP

A disciple is a follower of specific teachings. Discipleship is sharing these teachings with others. A Christian disciple is a person who follows Jesus Christ and accepts and shares in the spreading of the good news of salvation through Him. Scripture tells us that being a Christian disciple involves personal growth characterized by the following:

- Putting Jesus first in all things (Mark 8:34–38). The disciple of Christ needs to be set apart from the world. Our focus should be on our Lord and how to please Him in every area of our lives. We begin to look upward instead of inward, focusing on Christ instead of ourselves.
- Following Jesus’ teachings (John 8:31–32). We must be obedient and do what the Word commands of us. Obedience is one way God tests us through hearing the Word of God and acting on it.
- Bearing fruit (John 15:5–8). As we abide in Christ, we will produce “much fruit” (verse 8), as Christ uses us to bring about light in a fallen, dark world.
- Loving others (1 Corinthians 13:1–13). These verses show us that love is not an emotion but instead, an action. In order to love, we must be doing something and involved in the process. One way to show love is to think more highly of others than of ourselves and to look out for their interests. Another way to show love is to be patient and not be easily offended.



- Making disciples of others (Matthew 28:18–20). Disciples multiply. One of the last things Jesus said to His disciples before His ascension was the command to “go and make disciples of all nations”. Christians should be actively engaged in training people who will in turn train others. That’s the pattern we see in Jesus’ ministry: He trained eleven men who spent the rest of their lives as disciple-makers, training others to also become disciple-makers, and so on.

REFLECTION

Why is it important to be disciplined by experienced Christians?

If you had a friend give their life to the Lord, how can you help disciple them?

How do we know we can trust what the Bible says?

Pick one of the verses listed on Page 5 and write it in a fun way.





DISCIPLESHIP 101

THE HOLY BIBLE

2

MAIN IDEA

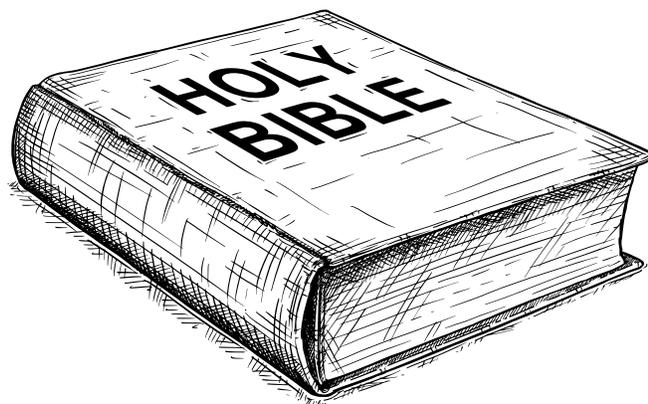
The Bible is the holy, true, and authoritative Word of God.

DIG DEEPER

Read 2 Timothy 3:16-17. The Bible is breathed by and inspired by God. God's words carry the power to accomplish anything he wants. He used His very words to create the world, nature, and life. God has authority, meaning He has the right to give orders and this requires obedience of His creation. He determines how the world operates. God uses His words and authority for good, not evil. We have access to God's powerful words every day through recorded messages He gave to His people. Scripture tells us that the Bible is breathed out by God. It is one huge story made up of hundreds of smaller stories and experiences all to tell about God's plan of redemption and salvation; His plan to make creation perfect again.

We cannot have a personal relationship with God without knowing His Word. The Bible teaches us how to please God through our words, actions, and heart. The Bible is holy because God is holy and the Bible is true because God cannot tell lies. We can trust in what it says.

The Bible has writings that are historically and factually correct and have been faithfully preserved over time. Nothing in the Bible has ever been shown as



false. Also, Jesus fulfilled over 300 prophecies (predictions) given in the Old Testament. Statistically, for one man to fulfill just 8 prophecies in his lifetime would have a probability of 1 in ten quadrillion. That is 10 to the 23rd power. The Bible IS reliable and trustworthy.

BIBLE FACTS

- The Bible is divided into two parts Old Testament and New Testament.
- The Bible has 66 total books (39 Old Testament & 27 New Testament)
- It is written by 40 writers but God is the only author.
- It was written over a period of 1500 years, in 3 languages (Hebrew, Greek, Aramaic).

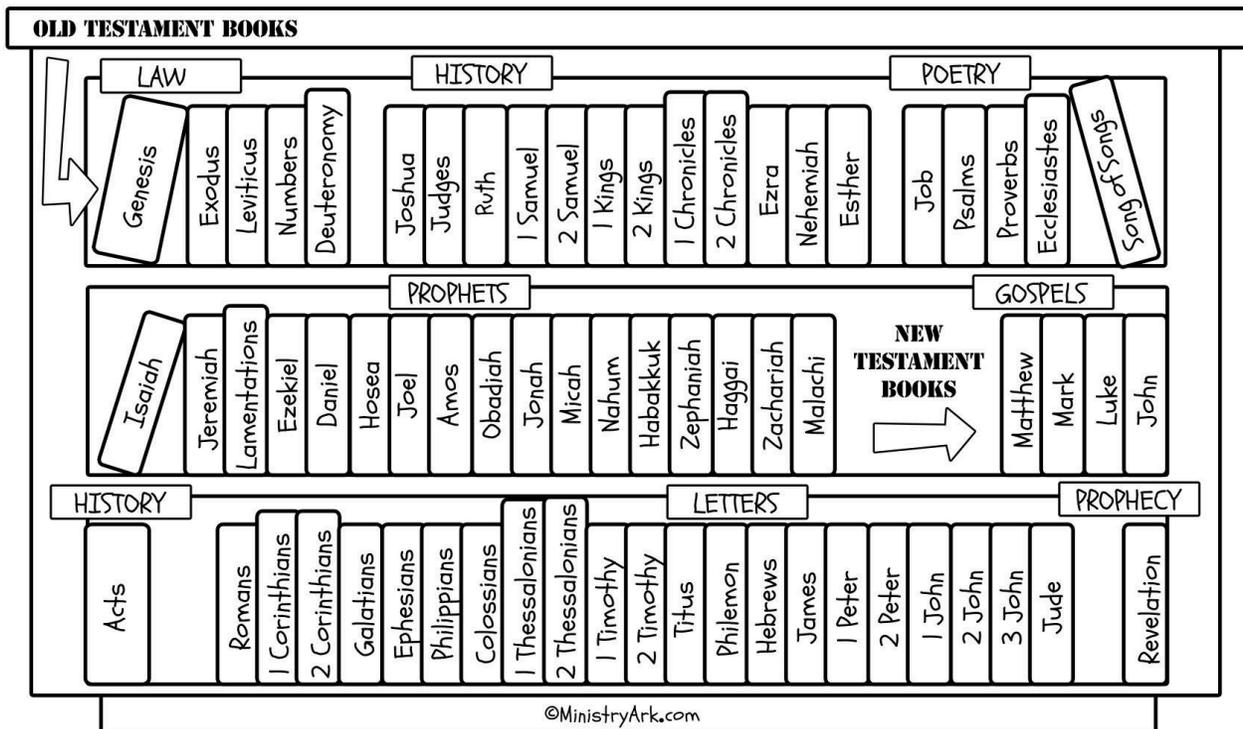
Old Testament

- The Old Testament is not organized chronologically, but is categorized by groups; 17 History Books (Genesis to Esther), 5 Poetry Books (Job to Song of Songs), and 17 Prophecy Books (Isaiah to Malachi).

New Testament

- The first 4 books are called the Gospels and are written by Matthew, Mark, Luke, and John. The book of Acts is the history of the church.
- There are 21 epistles, or letters, most written by the Apostle Paul.
- The last book of the Bible, Revelation, is a prophecy of the end times.
- There is a 400-year gap between the Old Testament and the New Testament.

Books of the Bible



REFLECTION

Summarize 2 Timothy 3:16-17

Why is it important for believers to read the Bible?

How do we know we can trust what the Bible says?

HOW TO LOCATE SCRIPTURE

- 1. Use the Table of Contents at the front of the Bible to locate the page number of the book. Example: John 3:16**
- 2. Once in the book, locate the chapter. John 3:16 would be the 3rd chapter. These are the larger, bold numbers.**
- 3. Last, locate the verse. John 3:16 would be in the 3rd chapter, 16th verse. The verses are the tiniest numbers.**

Locate John 3:16 in your Bible. What page number is it on?

Find the book of Ruth. Is it old or new testament? How many chapters does it have?



DISCIPLESHIP 101

THE TRINITY

3

MAIN IDEA

Trinity means three in one. There is one God, eternally existent in three persons: The Father, the Son, and the Holy Spirit. All three persons of the Trinity are equal and eternal, but each has unique roles.

DIG DEEPER

Read Genesis 1:2. God was not created. He has always existed since even before creation. God is the Supreme Ruler of the universe. He is the giver of life, the authority, and the protector. He is omnipotent (all-powerful), omniscient (all-knowing), and omnipresent (everywhere at once).

Read Ephesians 4:6 and Isaiah 64:8. God the Father is the Creator of heaven and earth. By His word and for His glory, He freely and supernaturally created the world out of nothing. Through the same word He daily sustains all His creatures. He rules over all and, together with the Son and the Spirit, is the only Sovereign God. His plans and purposes cannot be thwarted.

Read Philippians 2:8-9. Jesus Christ, the only begotten Son of God, is the eternal Word made flesh, supernaturally conceived by the Holy Spirit, born of the Virgin Mary. He is perfect in nature, teaching, and obedience. He is fully God and is fully man. He was always with God and is God. He accomplished salvation for sinners through His life, death, and resurrection, through the Father's perfect plan. It is through Jesus that we can have a relationship with God the Father.

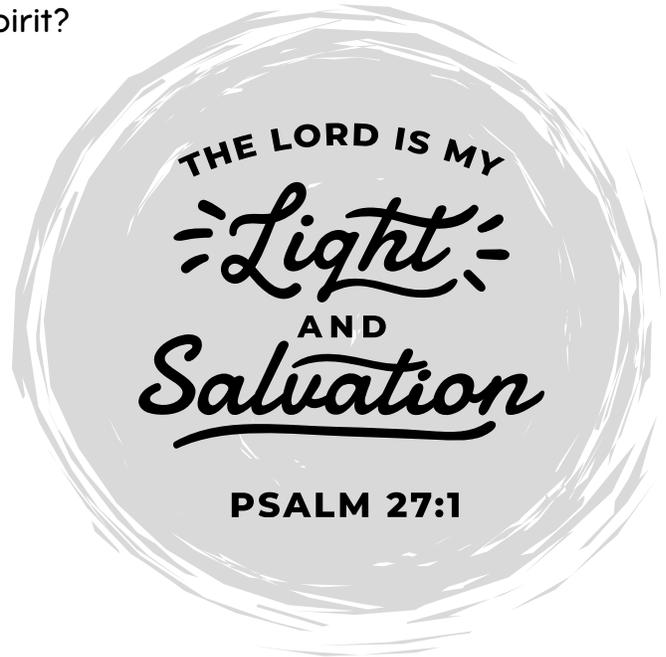
Read John 14:26. The Holy Spirit is the Lord and Giver of life and convicts the world of sin. Through the proclamation of the gospel, He persuades men to repent of their sins and confess Jesus as Lord. By the same Spirit, a person is led to trust in divine mercy.

The Holy Spirit unites believers to Jesus Christ in faith. He is a helper sent by the Father which indwells the believer and applies the work of salvation to the hearts of believers.

REFLECTION

How does someone receive the Holy Spirit?

Why can we look forward to the future God has prepared for us?



Do you believe you have the Holy Spirit? Why do you think this?

Pick one of the verses from Page 9 and write it out below:

What does this verse mean to you?



DISCIPLESHIP 101

SIN & SEPARATION

4

MAIN IDEA

Sin is not just evil thoughts and actions; it is unbelief in God. It is not doing what God asks of us, either actively or passively, in thought, action, or attitude.

DIG DEEPER

Read Romans 6:23. Sin invades the world like a sickness. Every single person is a slave to sin. It is impossible for us to please God. Sin is our natural state as humans. Everybody is born into sin and no matter how hard we try, we cannot be good in the eyes of God.

Read Genesis 1:26-27, 31. God created man, in His image, and He called it good.

Read Genesis 3:1-19. This is the story of how sin entered the world. This is considered The Fall. Things like death, disease, lies, and bullying slithered their way into the human experience. Sin is the reason that countries have war, families argue, we are selfish, we hurt others with our words and actions, and desire to hate others rather than love them. Sin separates us from God. God despises sin and cannot have any part in it, literally His holiness and perfection cannot be in the presence of sin. However, God loves us so much that He still desires a relationship with us and that is when He began to unveil His perfect plan. God once walked the earth with His people, His creation. But because of



sin, we are a fallen people, in need of a God that we cannot physically be close to. The beautiful story of the Bible is a love story about God rescuing His people from sin.

REFLECTION

Using your own words, describe sin.

How does God feel about sin entering the world?



Sometimes sin can feel good. That is why we are so drawn to it. Can you think of examples of sin in your own life? How does sin show through people in your school? What about the world?

Draw a picture or write something to depict what sin is like and how it makes you feel.



DISCIPLESHIP 101

THE GOOD NEWS

5

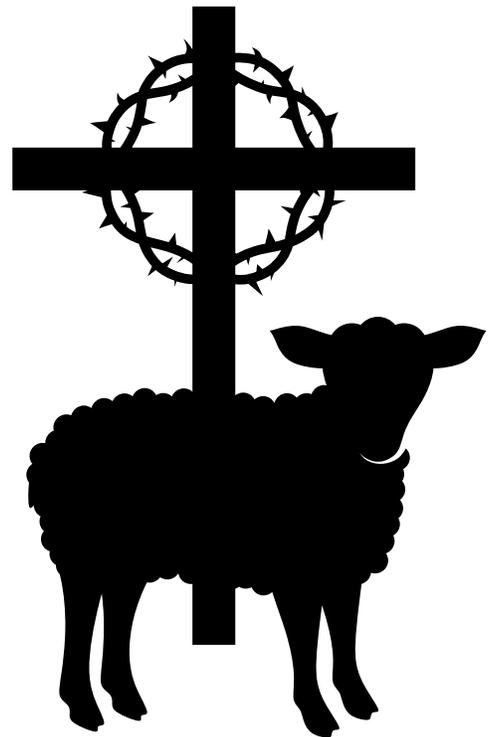
MAIN IDEA

The Gospel, when translated, means The Good News. What is The Good News? It is salvation! And salvation comes by grace alone through faith in Jesus Christ alone. Jesus IS the Gospel! He is our salvation. He is the Messiah, Promised Deliver, and Savior.

DIG DEEPER

Read Ephesians 2:8-9 and John 14:6. Salvation comes from God as a free gift. There is nothing we can do to earn or receive salvation. Being good does not lead to salvation. The only way to get to the Father is through Jesus and this was all part of God's perfect plan from eternity past.

Read Romans 6:14. In Old Testament times, the only way people could be righteous in the eyes of God was through atonement and sacrifice. This is why the law was given. The 10 commandments (Exodus 20:2-17) were given to the Jewish people (God's chosen people). There are a total of 613 strict laws and commandments given in the books of Exodus, Leviticus, Numbers, and Deuteronomy. Included in these laws were rules on how to atone for or reparate their committed sins through sacrificing blameless animals at the altar of the Jewish temple. These animals took on the sin of the person at its death, releasing them from the punishment of their sins up to that point. People continually sin, so they were required to perform sacrifices every morning and evening (Exodus 29:38-42). Jesus became the ultimate sacrifice when he lived a perfect life and died on the cross. He was THE final sacrifice and THE final atonement for our sins.



The gospel reminds us that sinners are saved by grace through faith. Grace is the undeserved favor of God toward a sinner. Faith is believing in what you cannot see. Followers of Christ have faith through trusting in Jesus and what he did at the cross. We then exercise this faith when we make a personal decision to trust Jesus for salvation based on what we know through His Holy Word. In the end, we have two options; we can believe that Jesus died on the cross to pay for our sins OR we can choose to pay for our own sins by suffering God's just punishment. Jesus took our punishment at the cross. The question is; do we lay down our lives to the one who laid down his?

REFLECTION

How is the Gospel the greatest story ever told?

Do you believe the Gospel is truth? Why or why not?

What is the only way to salvation?





DISCIPLESHIP 101

JUSTIFICATION

6

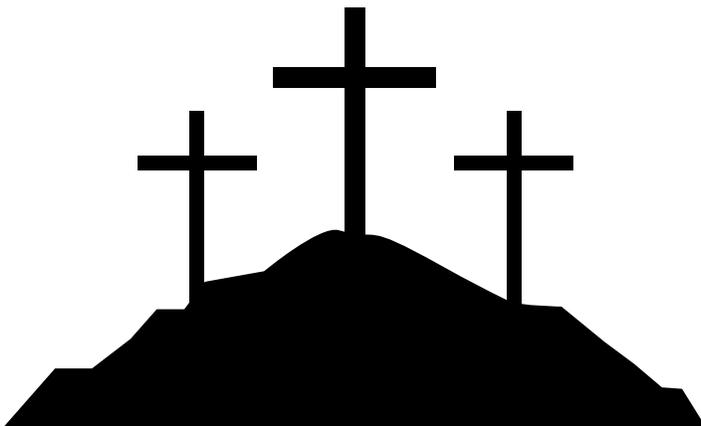
MAIN IDEA

Justification is the change in a person's condition moving from a state of sin to a state of righteousness. It is the process of God declaring a sinner not guilty.

DIG DEEPER

Read Romans 8:1. Imagine you are in a courtroom, sitting in front of a judge who is about to make a final decision on whether you are guilty or innocent. Being found guilty means there will be a consequence, whether a prison sentence or a large fine. The gavel hits the block with a loud bang and the verdict is....

Guilty. We were born sinners and Romans 6:23 makes it clear that the punishment of sin is death. We are guilty and we deserve death. In God's eyes, all sin is equal. The little white lie is just as bad as a murder. But, Jesus walked into the courtroom and decided to take on your punishment so you would not have to. What is incredible about this though is Jesus IS innocent. He is the only person to ever walk this earth in complete perfection. Can you imagine that? Jesus never lied and he never wanted to lie. As a matter of fact, Jesus never had a sinful thought cross his mind. He was sinless and obeyed God perfectly and that made him innocent. He deserves the ultimate reward while we all deserve death, however, God sent Jesus to take the punishment we deserve. Jesus took on our guilt so we could be innocent in God's eyes.



How should we respond to this? With thankful hearts. We should fully trust in Jesus and live every moment of every day with humbled gratitude for all he has done for us.

REFLECTION

Are you a sinner? What sins do you struggle with most?

Are you guilty in the eyes of God? Why or why not?

LET THE
Word
OF
Christ
DWELL IN YOU
Richly.
COLOSSIANS 3:16

If you have confessed Jesus as Lord, take a moment to thank him in a prayer of praise! If you have not, consider why you haven't. What is preventing you from making this decision?

How should we respond to what Jesus did on the cross for us? How often do you respond this way in your time with Jesus?



DISCIPLESHIP 101

REFINING & PERFECTING

7

MAIN IDEA

Sanctification is growing more and more like Jesus through the power of the Holy Spirit. Glorification is when believers in Jesus will be free from sin and will be transformed to have glorious bodies like Christ. This is the end goal of every believer.

DIG DEEPER

Read Galatians 2:20. Have you ever planted a seed? After some time of caring for it the seed will begin to sprout, grow leaves, and even fruit. Our faith is very similar. When we invite Jesus into our hearts, it's like a seed planted in barren soil. As we begin to read the Bible and are taught by the Holy Spirit within us, our faith begins to grow.

Read Galatians 5:22-23. The Holy Spirit continues to transform our hearts throughout our lives and will begin to produce fruit, known as "the fruit of the spirit". Sanctification is the process of growing to be more and more like Jesus through the power and work of the Holy Spirit. Sanctification looks different for everyone as different fruits of the spirit are produced at different times throughout the lives of believers.

Read Romans 8:38-39. Throughout our lives, we experience sanctification, but once we have died a physical death, we no longer need to be sanctified as we are glorified before God our Father. Glorification is when we will perfectly reflect



Jesus. Our hearts will be joyful and at rest as we will be free from sin, disease, and pain. We will be holy, at perfect peace, and will be fully good just as He is. Our bodies and our circumstances here on earth are only temporary, so we can live with hope because of our faith in Jesus Christ knowing that one day, we will be at peace with the Savior we love, Jesus.

REFLECTION

How does the promise of glorification give us hope, even on our worst days?



How does God transform Christians into the image of Christ?

List the fruits of the spirit found in Galatians 5:22-23.

How does someone obtain the fruit of the spirit? Is the fruit produced through our own doing?



DISCIPLESHIP 101

THE GREAT COMMISSION

8

MAIN IDEA

The Great Commission is a set of instructions Jesus gave to his disciples before ascending to heaven after his resurrection. It is considered Jesus' final words telling his disciples to go out and make disciples, baptize, and teach others about Jesus.

DIG DEEPER

Read Mark 10:45. Jesus, God's only Son, came to earth to be among people just like you. Jesus healed them, listened to them, taught them glorious secrets about His coming kingdom, and most of all, Jesus loved them. Jesus loved His people so much that He died for them and took the punishment for their sins. Jesus never sinned but was the perfect representation of God because Jesus is God. Yet, Jesus was punished like a criminal. His death paid the price of our sins. Now, those who trust in Jesus as their Savior are free from punishment and welcomed into God's family. The best news is that three days after Jesus died, He rose again. He spent 40 days walking with His people before ascending to His throne in heaven. One day, Jesus will come back, wash the world of all evil, and make the world His kingdom. The new earth, found in Revelation 21:1, talks of a future prophecy that has not yet been fulfilled. Prophecy that we wait patiently for.

Read Matthew 28:16-20. As we live our lives today, we wait excitedly for Jesus's kingdom to come. And while we wait, Jesus gives us a job to do!! Many people do not know Jesus. Maybe they have heard of Him or maybe they have not. But many do not have a relationship with Him and therefore lack hope. Our job is to show them the light of Christ. This is the Great Commission!



REFLECTION

What is our job as Christ-followers?



Disciples are followers of Jesus. How can we make other disciples in the following areas of our life (School, neighborhood, friends, family, and other nations)?

Write out Matthew 28:19-20 below. What does this verse mean?



DISCIPLESHIP 101

SECONDARY THEOLOGY

9

MAIN IDEA

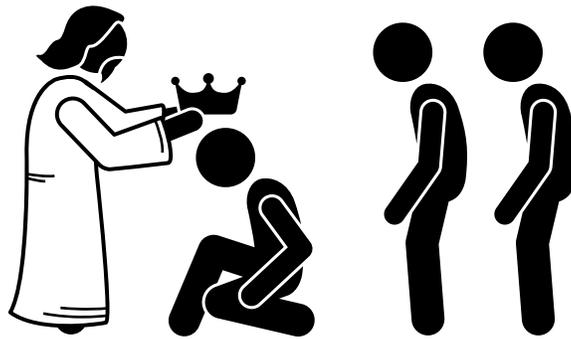
Secondary theology is biblical ideas not essential to salvation. These ideas can have different opinions and thoughts throughout different denominations and individual Christ-followers. They should never divide the church as we should always pull our ideas from the scriptures themselves and if someone has a different idea than you, always refer to the Bible to determine what is truth or not.

DIG DEEPER

BAPTISM – Read Matthew 28:19-20. Christian baptism is one of two ordinances that Jesus instituted for the church. Just before His ascension, Jesus said, “Go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you.” If for no other reason, baptism has importance because Jesus commanded it. Baptism is to be done in the name of the Father, Son, and Spirit. It is through this ordinance that a person is admitted into the fellowship of the church. When we are saved, we are “baptized” by the Spirit into the Body of Christ, which is the church --read 1 Corinthians 12:13. Baptism by water is a “reenactment” of the baptism by the Spirit. It is the means by which a person makes a public profession of faith and discipleship. In the waters of baptism, a person says through their action, “I confess faith in Christ; Jesus has cleansed my soul from sin, and I now have a new life of sanctification.” Every believer should be baptized by full submersion soon after accepting Jesus as their Lord and Savior.



COMMUNION - Read Matthew 26:26-29. The very first communion was given by Jesus during the Last Supper with His disciples. What the disciples thought was going to be a celebration turned into a somber prediction of the death of their master and leader. Communion is a way for believers to outwardly show their love for and fellowship with Christ, to remember the atoning sacrifice that Jesus made for them, and to look forward to the time when He will partake with us in the kingdom. Communion is a time for reflection, not only on an individual's sin and need of forgiveness but on the grace and love that Christ exhibited on the cross. As Christians take communion together, they demonstrate their union with each other and with Christ. Christians are reminded of Christ's sacrifice and remind each other that He is coming again as they partake of communion together. Communion is a common sharing in the Spirit (see Philippians 2:1) and an answer to Jesus' prayer that we may be perfectly united (see John 17:22-23).



SALVATION IS ETERNAL - Read Romans 8:38-39, John 10:28-29, and Luke 15:5-6. Nothing can separate a child of God from the Father's love and nothing can remove a Christian from God's hand. God guarantees eternal life and maintains the salvation He has given us. The Good Shepherd searches for the lost sheep, and, when he finds it, he joyfully puts it on his shoulders and goes home. The lamb is found, and the Shepherd gladly bears the burden; our Lord takes full responsibility for bringing the lost safely home. He is our Shepherd.

A Christian cannot lose their salvation. Most, if not all, of what the Bible says happens to us when we receive Christ would be invalidated if salvation could be lost. Salvation is the gift of God, and God's gifts are "irrevocable" (See Romans 11:29). A Christian cannot be un-newly created. The redeemed cannot be unpurchased. Eternal life cannot be temporary. God cannot renege on His Word and He cannot lie. We have hope that once we are saved, we are ALWAYS saved and nothing can change that.

TITHING & GIVING

Tithing is an Old Testament concept. The tithe was a requirement of the Law in which the Israelites were to give 10 percent of the crops they grew and the livestock they raised to the temple as stated in Leviticus 27:30, Numbers 18:26, Deuteronomy 14:24, and 2 Chronicles 31:5.

After the death of Jesus Christ fulfilled the Law, the New Testament nowhere commands that Christians should submit to a legalistic tithe system. The New Testament nowhere designates a percentage of income a person should set aside, but only says gifts should be “in keeping with income”, see 1 Corinthians 16:2. Some in the Christian church have taken the 10 percent figure from the Old Testament tithe and applied it as a “recommended minimum” for Christians in their giving.

Although no tithe is demanded of the Christian, the New Testament talks about the importance and benefits of giving. We are to give as we are able. Sometimes that means giving more than 10 percent; sometimes that may mean giving less. It all depends on the ability of the Christian and the needs of the body of Christ. Every Christian should diligently pray and seek God’s wisdom in the matter. Above all, offerings should be given with pure motives and an attitude of worship to God and service to the body of Christ. 2 Corinthians 9:7 says -- “Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver”. We need to remember that every bit of money we have is God’s. Everything we own is God’s. We are simply called to be good stewards of what He has given us.



SUMMARY

Keep the main thing the main thing. Our primary message should always be the Gospel. This includes the story of the life, death, and resurrection of Jesus. It should not center on external matters. We should always seek truth in the Word of God, but we do not need to defend it. Through our words and actions, are we inviting people into the Gospel or are we using it to push them away?

REFLECTION



Keep the main thing the main thing.
What do you think the main thing is?

What should always be our primary resource when looking into secondary theologies?

Why should secondary theology not cause division between the church or its people?

Unfortunately, people often try to defend the Gospel through arguing with others, hateful social media posts, becoming easily offended, and more. However, God does not need us to defend His Word. We are instead, called to go make disciples. How can you effectively do this in obedience to God?

